

Early Years - Spring 2026

Our main themes will be **Happy and Healthy (Our Feelings, Healthy Choices, Looking After Me)** , **Move to the Beat (Musical Exploration, Cultural Dance/Music)**, **Out and About (The World Around Me, Travel and Transport, Local Wildlife)**

In order to maximise learning we will also follow children's interests and ideas.

Area of Learning	
Personal, social and emotional	<p>Managing Self - Personal hygiene, teeth cleaning, making healthy food and drink choices, following routines and expectations, undressing and dressing.</p> <p>Building Relationships - Recognising how others might be feeling.</p> <p>Self-Regulation - Developing independence, Zones of Regulation, Feelings.</p>
Communication and language	<p>Describing events in more detail. Articulate thoughts and ideas clearly.</p> <p>Understand how to listen carefully and why listening is important.</p> <p>Use new vocabulary.</p> <p>Start a conversation with a friend or adult.</p> <p>Use intonation, pitch and changing volume when talking.</p> <p>Listen to others speak and add own comments or thoughts.</p> <p>Listen carefully to songs and rhymes.</p> <p>Use talk to help work out problems and organise thinking and activities.</p> <p>Express their point of view, ideas, thoughts and feelings about a particular event.</p>
Physical development	<p>Gross motor skills: Ball Skills - throwing towards a target. Moving in gymnastics high and low, over and under.</p> <p>Fine motor skills - busy finger and handwriting activities to ultimately aid pencil grip and letter formation.</p> <p>Our health - develop an understanding of how to keep healthy and the importance of exercise.</p>
Literacy	<p>Reading - learning how to handle books, rhyming activities, phonics, stories relating to our themes, World Book Day.</p> <p>Writing - letter formation, name writing, mark making activities.</p>
Mathematics	<p>Composition of numbers to 10. Recognising 0, Subitising to 6, One more, One less, Comparing mass and capacity,</p> <p>Understanding routines, days of the week and months of the year.</p> <p>Exploring 3D shapes.</p>
Understanding the world	<p>Seasonal changes - autumn to winter, winter to spring</p> <p>Special Celebrations - Chinese New Year, Shrove Tuesday, Mother's Day, Holi, Easter</p> <p>Using senses to explore the world around them.</p> <p>Local animals - what can we find out about local wildlife.</p> <p>Travel and Transport - how we get about</p> <p>Caring for our environment</p>
Expressive arts and design	<p>Charanga Units- Anyone Can Play</p> <p>Singing songs and rhymes, exploring instruments, movement to music and role-play.</p> <p>Explore and engage in painting, collage, model making, cutting, sticking and observational drawing</p>