

Early Years - Spring 2025

Our main themes will be **Happy and Healthy (Our Feelings, Healthy Choices, Looking After Me)** , **Move to the Beat (Musical Exploration, Cultural Dance/Music)**, **Out and About (The World Around Me, Travel and Transport, Local Wildlife)**

In order to maximise learning we will also follow children's interests and ideas.

Area of Learning	
Personal, social and emotional	<p>Managing Self - Personal hygiene, teeth cleaning, making healthy food and drink choices, following routines and expectations, undressing and dressing.</p> <p>Building Relationships - Recognising how others might be feeling.</p> <p>Self-Regulation - Developing independence, Zones of Regulation, Feelings.</p>
Communication and language	<p>Describing events in more detail. Articulate thoughts and ideas clearly.</p> <p>Understand how to listen carefully and why listening is important.</p> <p>Use new vocabulary.</p> <p>Start a conversation with a friend or adult.</p> <p>Use intonation, pitch and changing volume when talking.</p> <p>Listen to others speak and add own comments or thoughts.</p> <p>Listen carefully to songs and rhymes.</p> <p>Use talk to help work out problems and organise thinking and activities.</p> <p>Express their point of view, ideas, thoughts and feelings about a particular event.</p>
Physical development	<p>Gross motor skills: Ball Skills - throwing towards a target. Moving in gymnastics high and low, over and under.</p> <p>Fine motor skills - busy finger and handwriting activities to ultimately aid pencil grip and letter formation.</p> <p>Our health - develop an understanding of how to keep healthy and the importance of exercise.</p>
Literacy	<p>Reading - learning how to handle books, rhyming activities, phonics, stories relating to our themes, World Book Day.</p> <p>Writing - letter formation, name writing, mark making activities.</p>

<p>Mathematics</p>	<p>Composition of numbers to 10. Recognising 0, Subitising to 6, One more, One less, Comparing mass and capacity, Understanding routines, days of the week and months of the year. Exploring 3D shapes.</p>
<p>Understanding the world</p>	<p>Seasonal changes - autumn to winter, winter to spring Special Celebrations - Chinese New Year, Shrove Tuesday, Mother's Day, Holi, Easter Using senses to explore the world around them. Local animals - what can we find out about local wildlife including a badger study. Travel and Transport - how we get about Caring for our environment</p>
<p>Expressive arts and design</p>	<p>Charanga Units- Everyone and Our World Singing songs and rhymes, exploring instruments, movement to music and role-play. Explore and engage in painting, collage, model making, cutting, sticking and observational drawing</p>