# Purwell Primary School 15th March 2022

Thought for the day: 'While we try to teach our children all about life. Our children teach us what life is all about' ~Angela Schwindt

# Crisis in the Ukraine

In response to the crisis that is taking place in the Ukraine now, I want to make the school's position clear. Following the upset that has been caused to our children and families from the pandemic, we will not be teaching, or explaining the situation in the Ukraine to children at the school. Instead, we respect individual families' approaches to discussing the matter, at home, in the way you see fit, knowing your child best. Whether that is sharing appropriate, ageappropriate information with your child, as you see fit, or, alternatively, keeping it out of their world entirely.

Please find attached at the end of this newsletter, information about how you can support those in the Ukraine.

# Anti-Bullying Programme

The topic for our school assemblies is currently bullying. We are looking to explore what is bullying, what types of bullying there are and how we can stop bullying happening in school. We are learning that bullying is taking place when **all** these criteria are met.

Being mean
On purpose
and Over and over

5

The children remember this as BOO for short.

We have learned that bullying can take different forms, such as physical, verbal, social/emotional and cyber-bullying. The children have learned that the appropriate response to any unkindness is to say 'Stop! I don't like that!'. This is said with, a hand raised, (see image below). Pupils are taught that bullying is not acceptable and if they see any unkindness happening to anyone, they are to report it to the nearest member of staff immediately.



# Share a book mornings - Rec, Y1 and Y2

Share a book morning returns on Wednesdays (starting tomorrow) for Reception, Year 1 and Year 2. We are delighted to be able, once again, to invite parents into school to share books with their children for 15 minutes at the start of each Wednesday.

#### Parent questionnaire

After half term we will be asking parents to offer us some valuable feedback, via a questionnaire. The questions will cover a range of school areas and seek to better understand

our parents' views and perspectives on the quality of what we provide at school and how we can further improve it.

# Easter Egg Dash - Thursday 31st March

To celebrate Easter, on the last week of term, Miss Saville has organised a special Easter Dash for the children. The children will be able to take part in

the event with their classes. They will enjoy some egg-related fun-running and problem-solving with their friends! I will refrain myself from adding any Easter related puns, humour, or cheep yolks!

## PSA Non-uniform day - Thursday 31st March

The PSA are also recommencing raising funds for school projects and Thursday  $31^{st}$  March is also a non-uniform day, as well as the Easter Dash. We welcome donations of £1, to the PSA, to wear own clothes to school. Any Easter features on clothing would be most welcome.

# Red nose day - Wear Something Red - Friday 18th March

This Friday is Red Nose Day and to mark the event we will be wearing something red! We are asking pupils to bring in a £1 donation on the day, in exchange for wearing, either, red clothes, or simply home clothes with a red accessory.

## New Lunch menu

The new Summer Pupils Choice Extra Menu, starting Week commencing  $19^{th}$  April 2022 is on the Website. This menu will run until  $21^{st}$  October 2022. It will also be sent out via shoolcomms.

## Online safety

With this newsletter you should receive a copy of the latest information for parents regarding online safety. The letter is produced by Herts for Learning and is designed to raise parents' awareness of the dangers children face when using computers or their phones.

## Parent Teacher Consultations

These will take place on:

Wednesday 30<sup>th</sup> March - Parent Consultations (Early)
Thursday 31<sup>st</sup> March - Parent Consultations (Late)

Booking forms for consultations will be in the entrance lobby from 3pm on Friday 18<sup>th</sup> March for all pupils, from Nursery to Year 6.

## PSA UPDATE

## Monday 28th and Tuesday 29th March - Cake Sale

50p per cake. We would be very grateful for shop bought donations. No nuts. Please could children be aware of how many cakes they are buying each day, thank you. Can be paid cash or online to PSA bank account. Please let me know.

## Thursday 31st March - Non-uniform day

Donate £1 to wear own clothes, in conjunction with Easter Dash. Any Easter features welcome.

## Dates for Spring Term 2022

Friday 18<sup>th</sup> March Red Nose Day - Non-uniform day (£1 donation requested).

Monday 21st March PSA Meeting - at the Millstream 8pm

Monday 28<sup>th</sup> March PSA Cake Sale Tuesday 29<sup>th</sup> March PSA Cake Sale

Wednesday 30<sup>th</sup> March Parent Consultations
Thursday 31<sup>st</sup> March Parent Consultations

Thursday 31<sup>st</sup> March Easter Egg Dash and non-uniform day (£1 donation requested).

Friday 1st April Last day of term - Finish at 2pm

#### Dates for Summer Term 2022

Tuesday 19<sup>th</sup> April School closed for Inset Day

Wednesday 20<sup>th</sup> April Pupils return to school

Thursday 21<sup>st</sup> April Year 4 swimming commences

Wednesday 27<sup>th</sup> April School photographer in for class photos.

Monday 2<sup>nd</sup> May May Bank Holiday

Mon 9th May - 13th May Year 6 SATs week commences

30<sup>th</sup> May-3<sup>rd</sup> June Half-term

Thursday 16<sup>th</sup> June Year 5 swimming commences

Friday 24<sup>th</sup> June Sports Day

Friday 1<sup>st</sup> July School closed for Inset Day Friday 22<sup>nd</sup> July Last day of term - Finish at 2pm

#### Academic Dates for 2022/23

#### Autumn Term 2022

Thu 1<sup>st</sup> September Children return to school
Fri 23<sup>rd</sup> September School closed for Inset Day

Mon 24th Oct-Fri 28th Oct Half term

Mon 31<sup>st</sup> October

Fri 2<sup>nd</sup> December

Wed 21<sup>st</sup> December

School closed for Inset Day

School closed for Occasional Day

Last day of term - Finish at 2pm

#### Spring Term 2023

Thu 5<sup>th</sup> January Children return to school

Mon 13<sup>th</sup> Feb-Fri 17<sup>th</sup> Feb Half term

Fri 10<sup>th</sup> March School closed for Inset Day
Fri 31<sup>st</sup> March Last day of term - Finish at 2pm

## Summer Term 2023

Mon 17<sup>th</sup> April School closed for Inset Day
Tues 18<sup>th</sup> April Children return to school

Mon 1<sup>st</sup> May Bank holiday Tue 30<sup>th</sup> May - Fri 2<sup>nd</sup> Jun Half term

Fri 30<sup>th</sup> June School closed for Inset Day
Fri 21<sup>st</sup> July Last day of term - Finish at 2pm

## Parent and Carers Workshops, Advice, and Support

This message is being sent on behalf of Dave Salmon, Humanitarian Assistance Lead Officer at Hertfordshire County Council

A financial donation to one of the organisations below will have an immediate impact and help fund what is most needed on the ground:

<u>The British Red Cross</u> has launched an appeal to help the Ukrainian Red Cross to provide food, medicine, clothing and shelter, as well as first aid training in bomb shelters.

- <u>The UNHCR</u> refugee agency is funding emergency shelters, repairs for homes damaged by shelling, emergency cash assistance, psychological support and warm clothing.
- <u>UNICEF</u> is helping to ensure families have clean water and food and that child health and protection services continue.
- The Association of Ukrainians in Great Britain is fundraising for medicine, food and other essentials.
- <u>Save the Children</u> is providing cash assistance, food and other support to refugees crossing into Romanian and Lithuania, as well as in Ukraine itself.

For those who still wish to make a physical donation we understand that Goods for Good are running a Ukraine Appeal and are seeking donations: **Goods for Good Ukraine Appeal** 

**SPACE Hertfordshire** runs many free online workshops for parents and carers covering many aspects of supporting children and young people who are autistic, have ADHD or other neurodiverse conditions. See attached **Newsletter**. Upcoming ones include:

<u>Check In and Chat: all about SBLO – 7pm March 16<sup>th</sup></u> - <u>Puberty and Neurodiversity – 10am March 23<sup>rd</sup></u>
They also run lots of accessible and bespoke events and activities for neurodiverse children and young people all across Hertfordshire. You can find out about all of their upcoming workshops and events and book here: <a href="https://spaceherts.org.uk/events/">https://spaceherts.org.uk/events/</a>

**Young Minds - Parents Helpline** if concerned about child's mental health (up to age 25), see link for full details. Helpline, webchat, and email. <a href="Parents Helpline">Parents Helpline</a> | Mental Health Help for Your Child | YoungMinds

**REMINDER Transition Survey** for parent/carers of SEND children currently in Year 6. Please complete this short survey regarding your experience of secondary school open days. https://www.surveymonkey.co.uk/r/SecondaryTransition2021

#### **REMINDER Family Lives Spring term parenting groups**

See flyers and referral forms - <u>Time to Talk about Pre-Teens and Teens (6 weeks)</u>
Wednesdays, 9.30-11.30 from 23rd February to 30th March 2022

Time to Talk about Pre-Teens and Teens (6 weeks)

Wednesdays, 7.00pm-9.00pm from 23rd February to 30th March 2022

The Time to Talk group is particularly suited for parents and or carers of pre-teen/teenagers who are feeling anxious or isolated in the wake of Covid-19, have concerns about their pre-teens' / teens' mental health and feel they might be at risk or involved in risky behaviour. It is also suitable for parents/carers where there is a FFA/CIN/CP. Our free online group gives an insight into their challenging behaviour and ideas on how to negotiate and resolve conflict, to offer support around mental health issues and to improve communication. We accept referrals from professionals as well as self-referrals. Referrals can be made by clicking for our online Referral form or by emailing a completed referral form. Following our data protection protocols, please note emailed referral forms must be password-protected before sending to <a href="mailto:services@familylives.org.uk">services@familylives.org.uk</a> with the password sent in a separate email. Call 0204 522 8700 or 8701 for more information.

REMINDER Supporting Links - Talking ASD & ADHD Workshops - Anxiety & Stress 16 March 2022 12:30pm to 2:30pm - Responding to Anger 28 March 12:30pm to 2:20pm

**Supporting Links Spring Training** open for booking <u>Workshops (supportinglinks.co.uk)</u> Flyers are available, please email me for these (Includes: Talking Teens, Talking ADHD/ASC). More details: <u>All Training, Workshops & Events (nhdspl.org.uk)</u>

#### **NEW Supporting Children with Additional Needs:**

Funded by HCC, provided by NESSie and Angels Support Group. See flyer for further workshops. Supporting a Child with Additional Needs: **Bereavement and Loss**: <u>Bookings - NESSie IN ED, CIC</u> - Supporting a Child with Additional Needs: **Girls and Women**: <u>Bookings - NESSie IN ED, CIC</u> - Positively Supporting a **Child Who Self Harms**: Bookings - NESSie IN ED, CIC

#### **Families in Focus**

Autism, ADHD & neurodevelopmental conditions/needs courses Spring 2022 / Parent Networks / Handling anger in child with Autism/ADHD. Funding from Early Help, Hertfordshire Children's Services. All our courses are evidence based and have a continue to deliver effective, evidence-based support to parents caring for neurotypical and neurodiverse children across Hertfordshire. Our SEND courses are accessible for parents whose children may already have a diagnosis and for the may who are on assessment pathways across Hertfordshire Health Services. Parent can access these free session by joining Families in Focus private Facebook page: <a href="https://www.facebook.com/groups/184975381651870/">https://www.facebook.com/groups/184975381651870/</a>

## March 2022 Zoom Parent Network:

- Understanding sensory issues
- Early Years support in Herts and benefits and SEND
- EHCP and school issues Q&A
- Understanding PDA
- Let's pop the kettle on SEND chat, giggles and a cuppa
- Getting a successful EHCP review
- Tried and tested tips and ideas for children with **sensory** issues

Complete guide to parenting children with SEND

Sleep solutions for parents of children with autism/ADHD

#### **Family Lives Training**

Bringing up confident children for parents of children with ADHD/ASD (online group) 27 Jan to 10 Mar - see flyers (daytime/evening avail) - see DSPL 1 website for details

**ADD-vance** have many funded training workshops for parents and carers of children and young people with ADHD/ASC - <u>ADD-vance</u> - <u>ADD-vance Events | Eventbrite</u> -

**Tips & Tools to Manage Sensory Differences** 

- Supporting Transition to Secondary School
- Safer Gaming for children with SEND
- Understanding Anxiety
- Online support group for parents of young people 16-24
- Tips and Tools to support puberty

**REMINDER** HCT Children's Wellbeing Practitioners - includes supporting self-esteem, ability to self-regulate, sleep and many more. HCT Children's Wellbeing Practitioners Events | Eventbrite

- Supporting Your Child's Emotional Wellbeing and ability to Self Regulate 15 March at 10am
- Adolescent Self-Esteem 30 March at 6pm

Family Centre SEND Drop-In -First Thursday of each month. ISL Advice Line - attached

**Up on Downs** - new parent information attached. Further information: <u>UpOnDowns Hertfordshire – Down's Syndrome Support Group – Hertfordshire</u>